

Name \_\_\_\_\_

**Instructions:** Log in to CareerStarter. Click on “Profile” in the navigation pane. Then, review your profile and use the following questions to reflect on what updates you might need to make.

1. Do I need to add new information since I created my profile?
2. When was the last time I updated my profile?
3. Have I taken any new classes or participated in any work/volunteer opportunities?
4. Are there any new skills or certification I’ve earned that should be listed?

Now, update the following sections on your CareerStarter profile.

**Experience:** Add any new work, internship, or volunteer experience you’ve had since your last update. (Tip: Include where you worked/volunteered, your role, and what you learned or accomplished.)

**Training and Education:** List any CTE courses or relevant classes you’ve taken recently. (Example: Construction, Welding, Electrical, Carpentry, etc.)

**Skills:** Think about what new skills you’ve learned in class, on the job, or through extracurriculars. Add both **technical skills** (e.g., blueprint reading, tool usage) and **soft skills** (e.g., teamwork, time management).

**Credentials, Certifications & Licenses:** Include any NCCER credentials or other certifications you’ve earned such as OSHA 10 or 30, Forklift Certification, Core, etc.

After completing your updates, answer the following question in a short paragraph.

**How do the experiences and skills you’ve added help tell your story to future employers?**